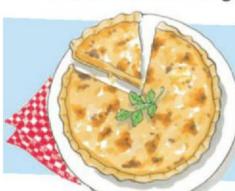
FRENCH CULINARY SCHOOLS Whether you're a dream or a nightmare in the kitchen, our

favourite Gallic cooking courses are sure to tickle your taste buds



TWEET US!

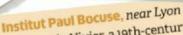
WORDS TAMARA THIESSEN



Cuisine Attitude, Paris

French speakers will be honing their language skills while honing their cooking techniques with celebrity chef Cyril Lignac. Throwing a party? Try your hand at making pastries and food for aperitifs, or turn the spotlight on particular areas such as meat, fish, sauces or stuffings. From €50, tel. +33 (0)1 4996 0050, cuisineattitude.com

E FLY RYANAIR TO PARIS (BEAUVAIS AND VATRY)



Château du Vivier, a 19th-century estate, is the setting for this renowned hotel, restaurant and culinary arts school. Take a day or evening class in French, or longer courses in French or English, and become a whizz at cooking, baking, pastry, wine and cheese.

From €145, tel. +33 (0)4 7218 0220, institutpaulbocuse.com

A FLY RYANAIR TO ST ÉTIENNE

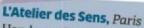




Anglophone epicureans are being wooed by the 30-minute gastronomy lessons from the Bergerault brothers, called Cook, Eat & Run. Create a masterful main course, like duck fillet with a spicy crust and apple purée, then devour!

From €17, atelierdeschefs.fr

FLY RYANAIR TO BORDEAUX, MARSEILLE PROVENCE MP2, NANTES,



Hands-on classes here (available in English) will teach you pastry making, cooking or wine. Learn to make classics like macarons, Duck Magret and tarte tartin, and match wines and cheeses. From €72, tel. +33 (0)1 4021 0850, atelier-des-sens.com

EJ FLY RYANAIR TO PARIS (BEAUVAIS AND VATRY)



At these all-inclusive three-to-five-day cooking courses in La Rochelle, professional chefs will skill you in preparing dishes such as spicy tuna tartare and chestnut soufflé with cognac, and take you on local wine trails – all from a pretty, seaside setting. They have a sister school in Lyon too.

Three-day courses from €595, tel. +44 (0)20 3286 3609, flavourstrance.com

FLY RYANAIR TO LA ROCHELLE



"Chef Laurent was really good, made us feel welcome and even offered to take us shopping around the markets."

Garry Orr, via email

ILLUSTRATIONS CLARE MALLISON



